



IV° Convegno Anticoagulazione.it  
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# Eparine, fondaparinux e insufficienza renale

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## LMWHs are eliminated through the kidneys

**Risk of accumulation, depending on:**

- Degree of renal impairment (> 60; 30-60; < 30 ml/min)
- Dose (prophylactic or therapeutic)
- Type of LMWH

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### A systematic review on the accumulation of prophylactic dosages of low-molecular-weight heparins (LMWHs) in patients with renal insufficiency

Ferdows Atiq<sup>1</sup> · Patricia M.L.A. van den Bemt<sup>1</sup> · Frank W.G. Leebeek<sup>2</sup> · Teun van Gelder<sup>1,3</sup> · Jorie Versmissen<sup>3</sup>

Eur J Clin Pharmacol (2015) 71:921–929

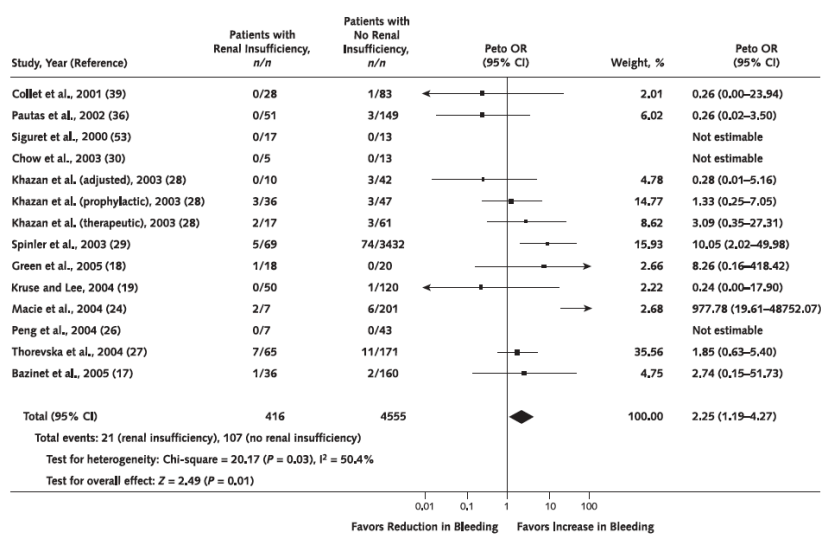
LMWH	Mean molecular weight (Da) [13, 47]	Accumulation therapeutic	Accumulation prophylactic
Bemiparin	3600	CrCl<30 ml/min [38]	CrCl<30 ml/min [38]
Certoparin	3800	CrCl<30 ml/min [48]	CrCl<30 ml/min [39]
Nadroparin	4300	Yes <sup>a</sup> [20]	No conclusion <sup>b</sup>
Enoxaparin	4500	CrCl<30 ml/min [21–24]	CrCl<30 ml/min 4 days [37] and 20–50 ml/min 8 days [35]
Dalteparin	6000	CrCl<30 ml/min after 6 days [32], but not after 3 [43]	No <sup>c</sup> [31–34]
Tinzaparin	6500	No <sup>d</sup> [25, 26]	No <sup>d</sup> [35]

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### Meta-Analysis: Low-Molecular-Weight Heparin and Bleeding in Patients with Severe Renal Insufficiency

2006

Wendy Lim, MD, BSc; Francesco Dentali, MD; John W. Eikelboom, MBBS; and Mark A. Crowther, MD, MSc



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## Meta-Analysis: Low-Molecular-Weight Heparin and Bleeding in Patients with Severe Renal Insufficiency

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### Conclusions:

- Non-dialysis-dependent patients with a creatinine clearance of 30 mL/min or less, treated with standard therapeutic doses of enoxaparin have elevated levels of anti-Xa and an increased risk for major bleeding.
- Empirical dose adjustment of enoxaparin may reduce the risk for bleeding and merits additional evaluation.
- No conclusions can be made regarding other LMWHs.

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### Treatment with Dalteparin is Associated with a Lower Risk of Bleeding Compared to Treatment with Unfractionated Heparin in Patients with Renal Insufficiency

J Gen Intern Med 2015

Doyun Park, MD<sup>1</sup>, William Southern, MD, MS<sup>2</sup>, Manuela Calvo, MD<sup>2</sup>, Margarita Kushnir, MD<sup>3</sup>, Clemencia Solorzano, RPH<sup>4</sup>, Mark Sinnet, PharmD<sup>4</sup>, and Henry H. Billett, MD, MSc<sup>3</sup>

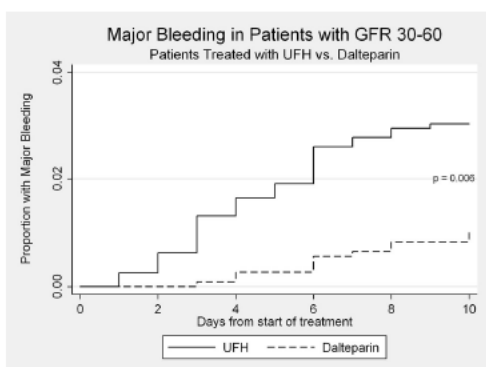


Figure 2. Major bleeding events for subgroup with GFR 30-60 mL/min, censored at 10 days.

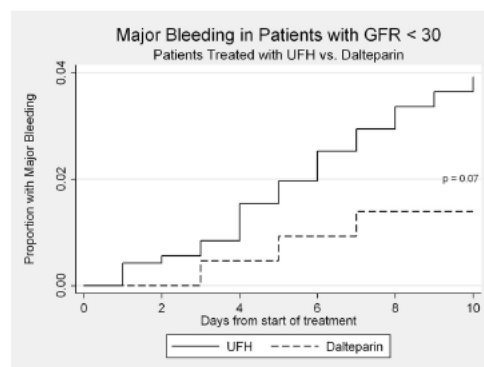


Figure 3. Major bleeding events for subgroup with GFR <30 mL/min, censored at 10 days.

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**Treatment with Dalteparin is Associated with a Lower Risk of Bleeding Compared to Treatment with Unfractionated Heparin in Patients with Renal Insufficiency**

J Gen Intern Med 2015

Doyun Park, MD<sup>1</sup>, William Southern, MD, MS<sup>2</sup>, Manuela Calvo, MD<sup>2</sup>, Margarita Kushnir, MD<sup>3</sup>, Clemencia Solorzano, RPH<sup>4</sup>, Mark Sinnet, PharmD<sup>4</sup>, and Henry H. Billeff, MD, MSc<sup>3</sup>

**CONCLUSION:**

In patients with CKD, treatment with therapeutic dose dalteparin was associated with lower rates of bleeding than treatment with UFH.

For patients with severe CKD (GFR < 30), dalteparin was shown to be at least as safe as UFH.

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**Low-molecular-weight or Unfractionated Heparin in Venous Thromboembolism: The Influence of Renal Function**

2013

Javier Trujillo-Santos, MD, PhD,<sup>a</sup> Sebastian Schellong, MD, PhD,<sup>b</sup> Conxita Falga, MD, PhD,<sup>c</sup> Vanessa Zorrilla, MD, PhD,<sup>d</sup> Pedro Gallego, MD, PhD,<sup>e</sup> Manuel Barrón, MD,<sup>f</sup> Manuel Monreal, MD, PhD,<sup>g</sup> and the RIETE Investigators\*

**Table 5** Multivariate Analysis for Overall Mortality and Fatal Pulmonary Embolism (After Matching)

**RIETE Registry**

15-day outcome in 38,531 pts

Propensity score matching to compare UFH vs LMWH

Multivariate analysis showed that those initially treated with UFH were at increased risk for all-cause death (OR, 1.8; 95% CI, 1.3-2.4) and fatal pulmonary embolism (OR, 2.3; 95% CI, 1.5-3.6) compared with those treated with LMWH

Variables	Fatal PE OR (95% CI)	Overall Death OR (95% CI)
UFH as initial therapy (vs LMWH)	2.3 (1.5-3.6)†	1.8 (1.3-2.4)‡
Creatinine clearance	—	1 (Reference)
> 60 mL/min	—	—
30-60 mL/min	—	1.2 (0.8-1.9)
<30 mL/min	—	2.4 (1.6-3.6)‡
Gender (male)	1.6 (1.1-2.5)*	—
Age ≥70 y	2.0 (1.3-3.0)†	1.7 (1.2-2.5)†
Body weight <70 kg	1.9 (1.2-2.9)†	1.5 (1.1-2.0)*
Cancer	3.5 (2.3-5.3)‡	3.9 (2.9-5.3)‡
Immobility ≥4 d	3.3 (2.2-5.0)‡	3.2 (2.3-4.3)‡
Anemia	—	1.6 (1.1-2.1)†
Symptomatic PE	2.8 (1.4-5.5)†	2.0 (1.3-3.1)†

# Fondaparinux

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*Journal of Thrombosis and Haemostasis*, 10: 2291–2297

2012

DOI: 10.1111/j.1538-7836.2012.04908.x

**ORIGINAL ARTICLE**

## Safety and efficacy of low-dose fondaparinux (1.5 mg) for the prevention of venous thromboembolism in acutely ill medical patients with renal impairment: the FONDAIR study

W. AGENO,\* N. RIVA,\* P. NORIS,† M. DI NISIO,‡ M. LA REGINA,§ D. ARIOLI,¶ L. RIA,\*\*  
V. MONZANI,†† S. CUPPINI,‡‡ E. LUPIA,§§ M. G. PIERFRANCESCO,¶¶ and F. DENTALI\* FOR THE  
FONDAIR STUDY GROUP

Moderate/severe renal impairment is frequent in very elderly acutely ill medical patients who have risk factors for VTE. The lower prophylactic dose of fondaparinux (1.5 mg/day) appears to be a safe and relatively effective in these patients

**Table 2** Study outcomes

Outcomes	<i>n</i> events/ <i>N</i>	% (95% CI)
Major bleeding	1/206	0.49 (0.03–3.10)
Non-major clinically relevant bleeding	8/206	3.88 (1.81–7.78)
Major bleeding + non-major clinically relevant bleeding	9/206	4.37 (2.15–8.40)
Symptomatic venous thromboembolism	3/206	1.46 (0.38–4.55)
Death	23/206	11.17 (7.36–16.48)

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Eur J Clin Pharmacol (2012) 68:1403–1410  
DOI 10.1007/s00228-012-1263-0

PHARMACOKINETICS AND DISPOSITION

**Pharmacokinetics of fondaparinux 1.5 mg once daily  
in a real-world cohort of patients with renal impairment  
undergoing major orthopaedic surgery**

Xavier Delavenne · Paul Zufferey · Philippe Nguyen ·  
Nadia Rosencher · Charles-Marc Samama ·  
Céline Bazzoli · Patrick Mismetti · Silvy Laporte ·  
for The PROPICE Study Group

**Venous thromboembolism prevention with fondaparinux 1.5 mg  
in renally impaired patients undergoing major orthopaedic surgery**

T&H 2012

*A real-world, prospective, multicentre, cohort study*

Patrick Mismetti<sup>1</sup>; Charles-Marc Samama<sup>2</sup>; Nadia Rosencher<sup>3</sup>; Claude Vielpeau<sup>4</sup>; Philippe Nguyen<sup>5</sup>; Beatrice Deygas<sup>6</sup>;  
Emilie Presles<sup>6</sup>; Silvy Laporte<sup>7</sup>; for The PROPICE Study Group\*

**Conclusion**  
fondaparinux 1.5 mg is a valuable thromboprophylactic  
option in MOS patients with renal impairment who are  
at risk of bleeding.

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**Use of LMWH in elderly/renal impairment**  
(from Samama, Drug Aging 2011, modified)

Agent	Elderly	30-60 ml	<30 ml
Enoxaparin	Suggested monitoring if < 45 Kg (therapy)	No dose adjustment; careful observation	Prophyl.: 30 mg (?) Therap.: 1mg/Kg OID
Dalteparin	Suggested monitoring if < 45 Kg (therapy)	No dose adjustment; careful observation	Dose adjustment should be considered
Fondaparinux	Use with caution Prophyl.: > 6 h after surgery	20-50 ml/min = 1.5 mg OID (clearance < 40%)	20-50 ml/min = 1.5 mg OID (clearance < 55%)

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## LE TERAPIE ANTICOAGULANTI IN TASCA

Cristina Legnani

### LMWH

Test da richiedere	Espressione risultati	Range terapeutico o valori di riferimento	Timing del prelievo
Attività anti Xa	Anti Xa IU/ml	Doppia somministrazione: ≈ 0.5-1.0 IU anti Xa IU/ml  Unica somministrazione: ≈ 1.0-2.0 IU anti Xa IU/ml	Indifferente in situazioni di emergenza  Negli altri casi: a valle (subito prima della successiva somministrazione) e/o a picco (dopo 4 ore circa dall'ultima somministrazione)

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## LE TERAPIE ANTICOAGULANTI IN TASCA

Cristina Legnani

### Fondaparinux

Test da richiedere	Espressione risultati	Range terapeutico o valori di riferimento	Timing del prelievo
Attività anti Xa	mg/L	2.5 mg/die: ≈ 0.15-0.50 mg/L  5, 7.5 o 10 mg/die: ≈ 0.50-1.30 mg/L	Indifferente in situazioni di emergenza  Negli altri casi: a valle (subito prima della successiva somministrazione) e/o a picco (dopo 3 ore circa dall'ultima somministrazione)

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